

# New Tobacco control Policies and its outcome in Taiwan

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**100%**  
**SMOKE FREE**  
ENVIRONMENTS

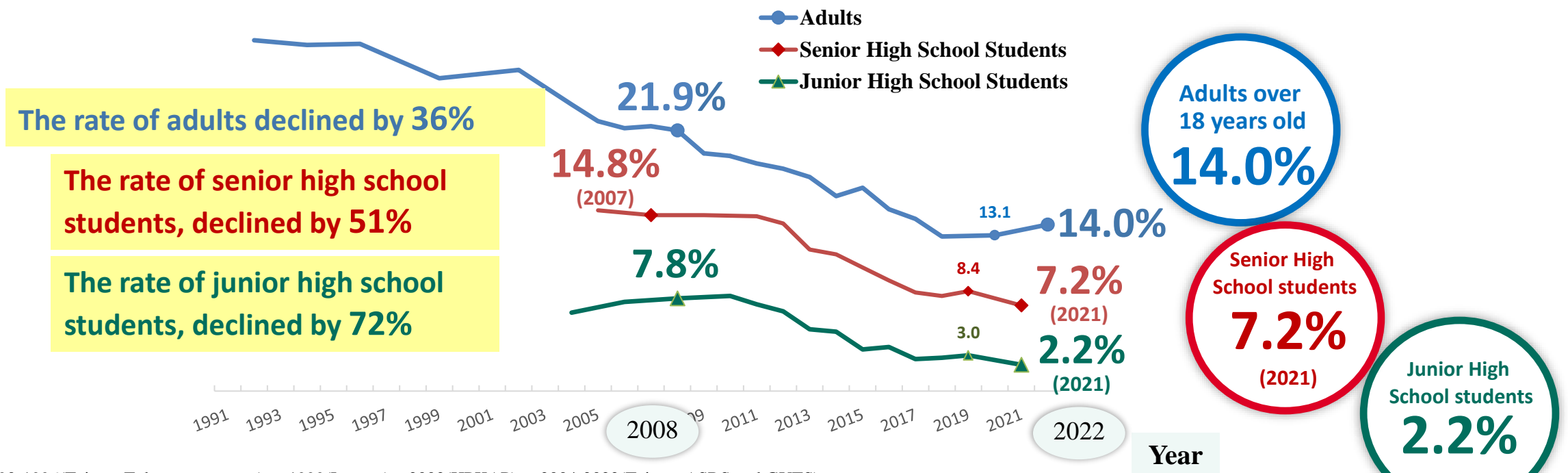


# Outline

- 1 Smoking rate in Taiwan**
- 2 Amendment of the Tobacco Hazards Prevention Act**
- 3 Smoking Cessation Service**
- 4 Experience and Future Perspectives**

# Smoking Rate in Taiwan

- In 2022, the smoking rate for **adults above the age of 18** was **14.0%**, an increase from 13.1% in 2020, which was non-statistically significant.
- In 2021, the smoking rates for junior high school and senior high school students were 2.2% and 7.2%, which decreased obviously from 3.0% and 8.4% in 2019.



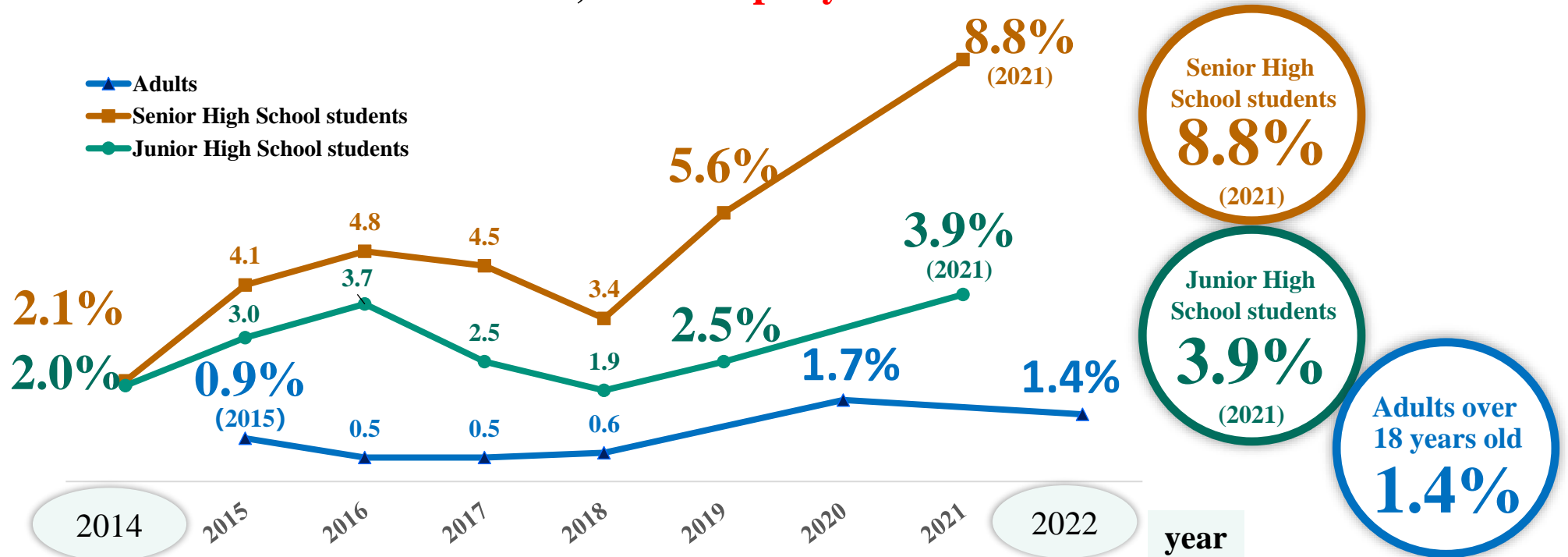
Source: 1990-1996(Taiwan Tobacco company); 1999(Lee etc); 2002(HPKAP); 2004-2022(Taiwan ASBS and GYTS)

Definition for adults: Current smoker, During survey, smoke more than 100 cigarettes(5 packs) and smoking in past 30 days.

Definition for junior high school and senior high school students: smoking prevalence defined as having tried smoking over the previous 30 days

# Prevalence of E-cigarette Use in Taiwan

- In 2022, the e-cigarette use rate for adults above the age of 18 was 1.4%, which was a decrease from 1.7% in 2020.
- In 2021, the e-cigarette use rates for junior high school and senior high school students were 3.9% and 8.8% in 2021, which rapidly increased from 2.5% and 5.6% in 2019.



Source: The “Adult Smoking Behavior Survey” and the “Global Youth Tobacco Survey (GYTS)” by the Health Promotion Administration, Ministry of Health and Welfare.  
Definition of e-cigarette use: Smoked e-cigarette within the past 30 days (one month).

# Amendment of the Tobacco Hazards Prevention Act

## Effective from March 22, 2023

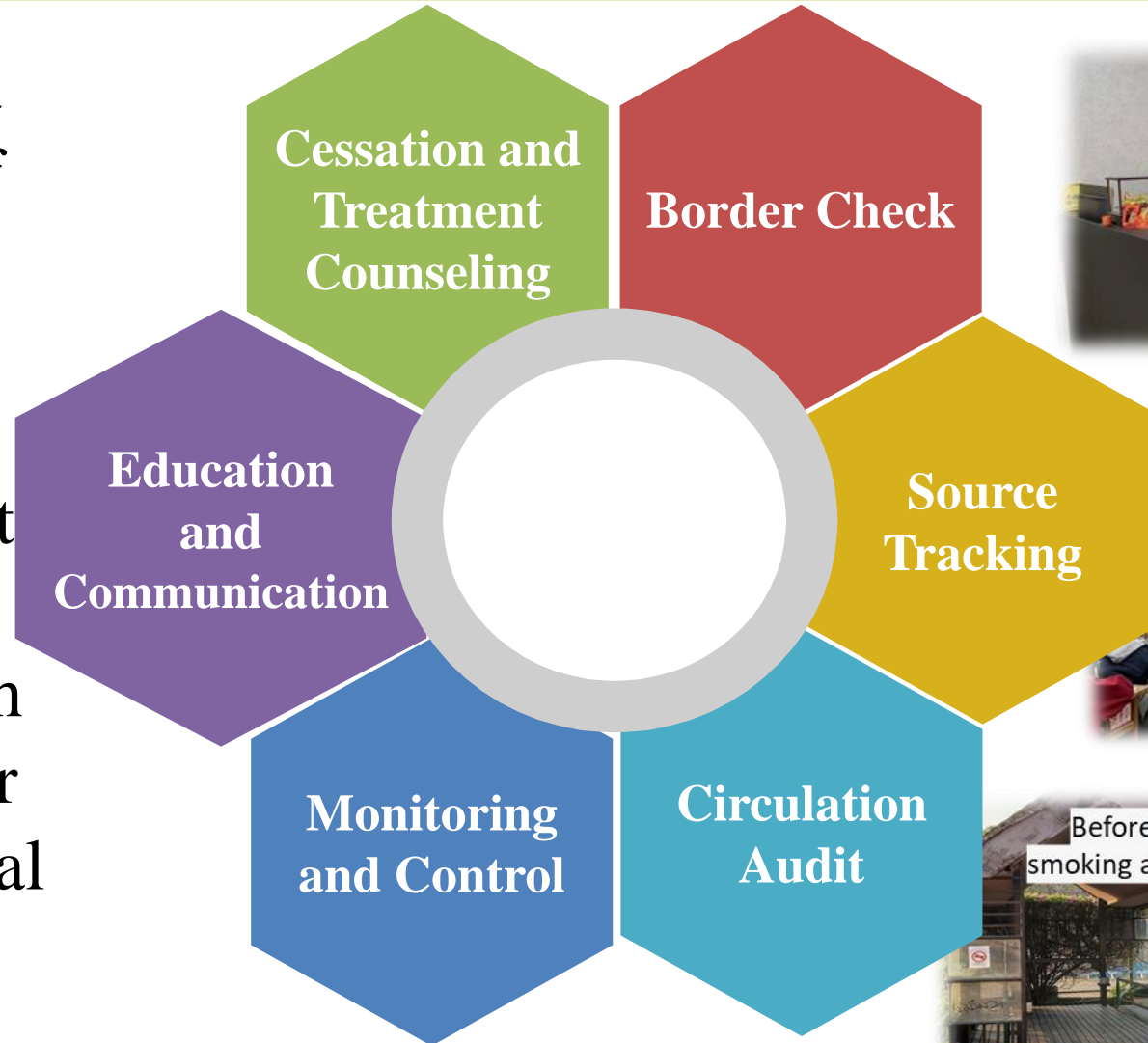
- According to the World Health Organization (WHO) report, e-cigarette use has doubled from 2008 to 2012 among adolescents.
- In Taiwan, in response to the rapid change in tobacco landscape, we amended the “Tobacco Hazard Prevention Act”.

- The key components of the Amendment include :

1. **Prohibiting** imitation tobacco products (incl. **e-cigarettes**)
2. Requiring designated tobacco products to undergo health risk assessment review
3. Prohibiting **additives**
4. Raising the smoking age to **20**
5. **Expanding** the scope of **non-smoking places**
6. Increasing the warning label to **50%** of the front/back package
7. **Increasing** penalties

# Cross-Ministerial/Departmental Collaboration

- In order to protect next generation from risk of tobacco hazard, we cooperate with local health authority to strengthen enforcement of the law.
- Central and local health authority work together on online/internet illegal cases monitoring .



# Smoking Cessation Service Implementation Efficacy

- Since the second-generation smoking cessation service became available in 2012, more than 450 thousand people had successfully quit smoking as of the end of 2022.
- Over the short term, saving medical expenses out of the National Health Insurance worth around NTD 2.5 billion .
- Over the long term, creating economic benefits worth around NTD 187.9 billion.
- In 2022, these institutions have provided and completed smoking cessation services for 107,424 people (a total of 383,235 visits).
- By August 2024, The 6-month smoking cessation success rate is 30.49%.

Per person that has successfully quit smoking



# Smoking Cessation is the Most Cost-effective Service

- Smoking Cessation is the most cost-effective service.
- Taiwan provides smoking cessation services, workplace smoking cessation, quitline, and community cessation classes.

## Workplace Smoking Cessation

It is no longer a single combat!

## Smoking Cessation Service

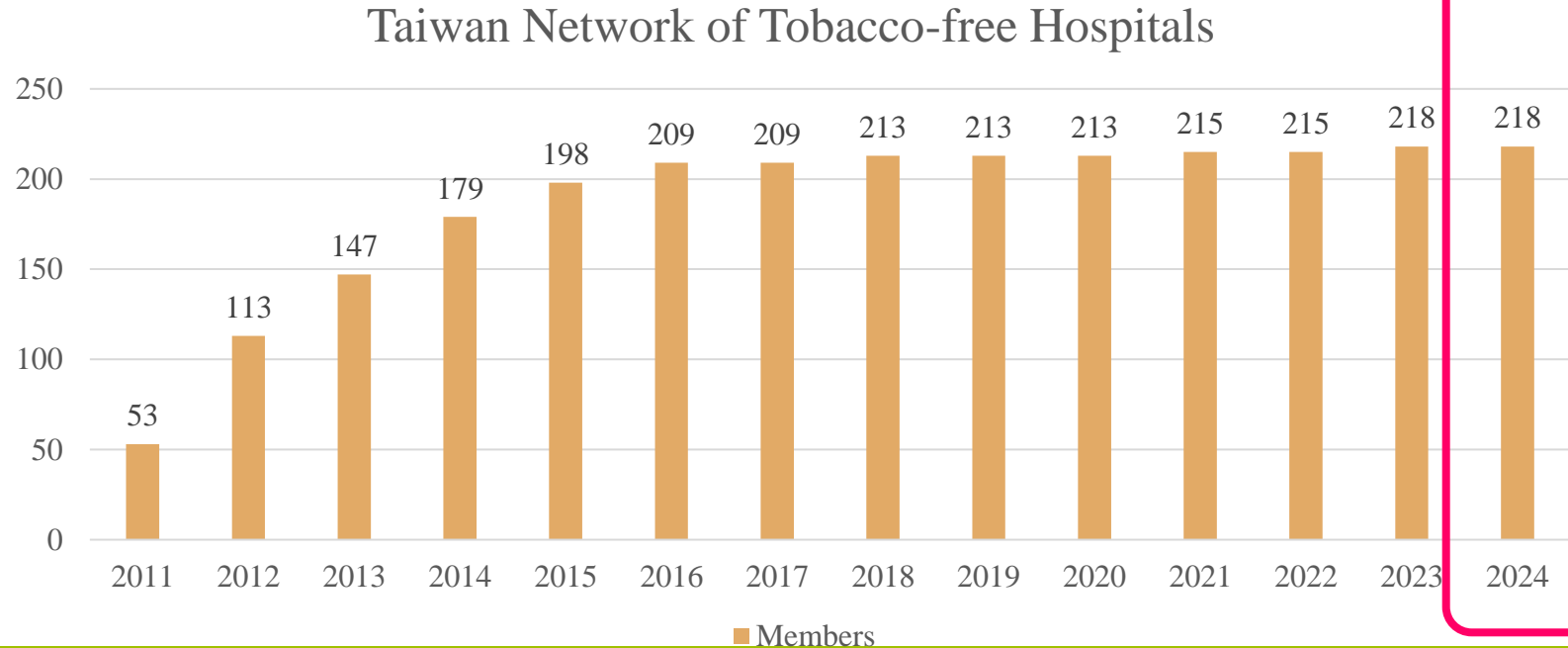
Medical institutions provide medications, professional health education and support to help quit smoking. **There are a total of over 2,700 contract medical institutions**





# Taiwan Network of Tobacco-free Hospitals

- We have continued extending Taiwan Network of Tobacco-free Hospitals through cooperation with Taiwan HPH network and our local government.
- By 2024, a total of **218 hospitals** have joined and among them 43 hospitals are Gold Forum members.



# Experience and Future Perspectives

## ■ Experience

- Raise public awareness
- Referrals from healthy setting e.g. community, schools, workplace, military etc.
- Strengthen follow-ups, qualification and audit

## ■ Future Perspectives

- Preparation of practical and enforceable regulations governing flavored cigarettes.
- Post-marketing monitoring and control mechanism for heated tobacco products.
- Adjustment of teenager smoking cessation service reflective of empirical evidence of novel tobacco products.
- Honor for health personnel to join cessation services
- More smokers quit.
- Evidence shared through publication and report.

# Thank you for listening

Promotion, Prevention, Protection, Participation, Partnership!



Taiwan  
Health  
Promotion  
Administration

Ministry of Health & Welfare

